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OLYMPUS

OLYMPUS
OM-1

INSTRUCTIONS
■ AT A GLANCE

USING THE OM-1——THE BASIC ESSENTIALS

(For full details see the OM-1
INSTRUCTION MANUAL.)



MOUNT THE LENS.



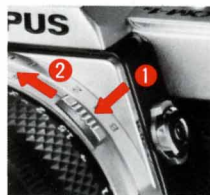
Remove the caps.



Press in the mount tabs on the edges of the lens cap parallel with "OLYMPUS".

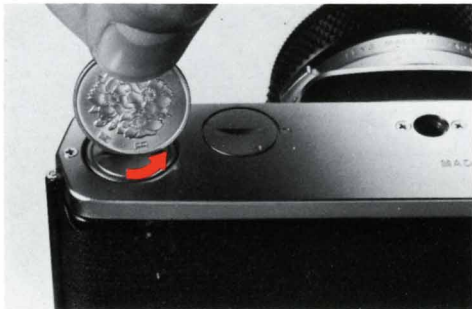


Aligning red dots, insert and rotate the lens until the lens release button springs up.

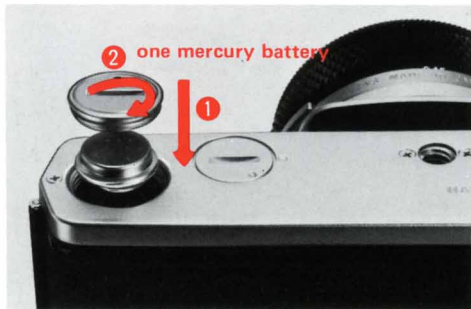


How to remove the lens

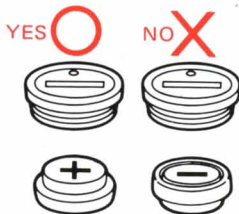
INSERT THE BATTERY.



Uncap the battery chamber.



Insert a mercury battery (Eveready or UCAR EPX 625 or equivalent) correctly.

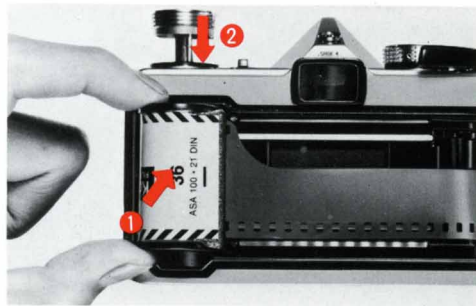


LOAD THE CAMERA WITH FILM. ①

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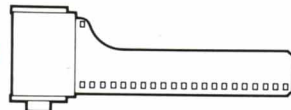


Pull the rewind knob up and the camera back opens.

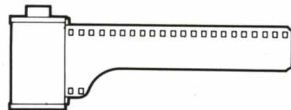


Insert a film cartridge into the film chamber.

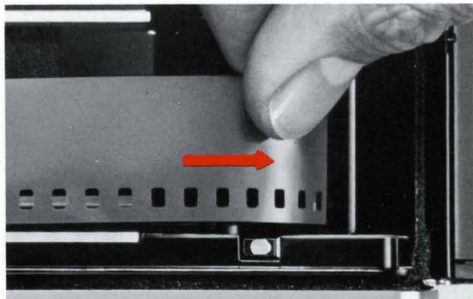
YES ○



NO X

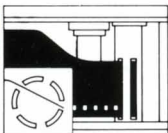


LOAD THE CAMERA WITH FILM. ②

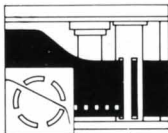


Insert the film leader into one of the slots in the film take-up spool.

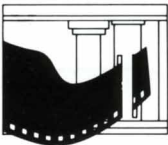
○
YES



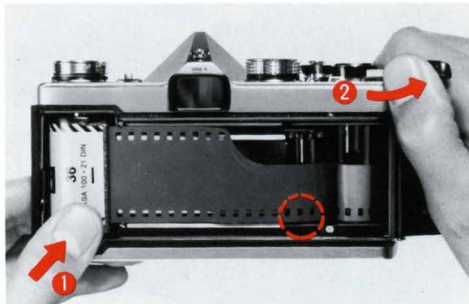
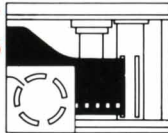
✗
NO



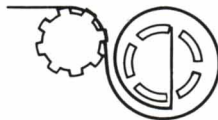
✗
NO

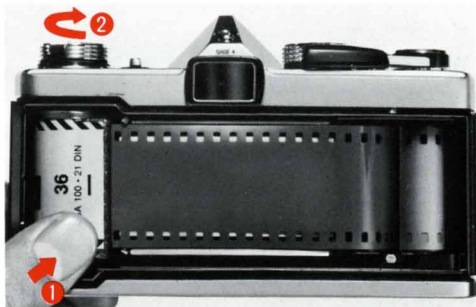
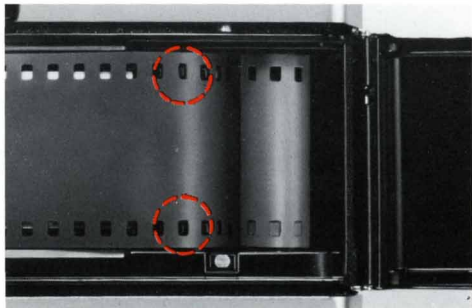


✗
NO



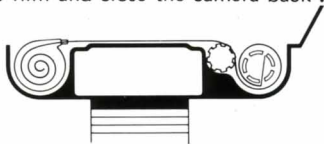
Engage the film perforations on the sprocket teeth.



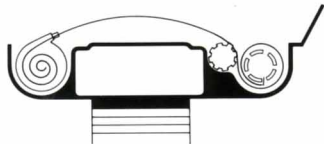


Tighten the film and close the camera back with a click.

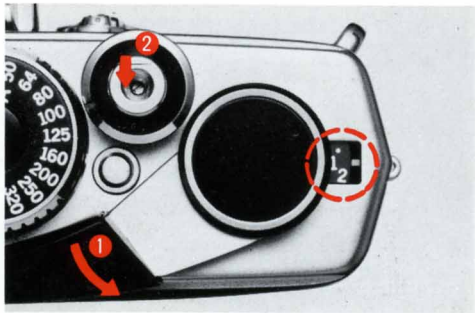
YES



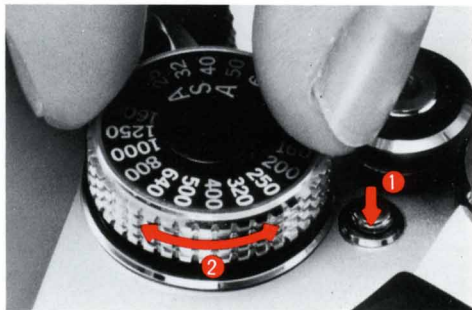
NO



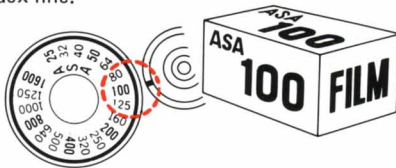
LOAD THE CAMERA WITH FILM. ③ SET THE ASA FILM SPEED DIAL.



Advance the film and release the shutter. Repeat these steps alternately until the exposure counter indicates "1".



Pressing the film speed dial release button, align the ASA speed of the film in use with the black index line.

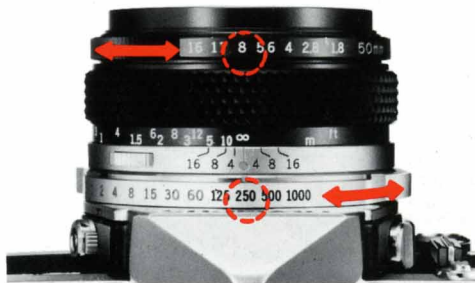


LET'S TAKE THE PICTURE






SET THE APERTURE AND SHUTTER SPEED RINGS.

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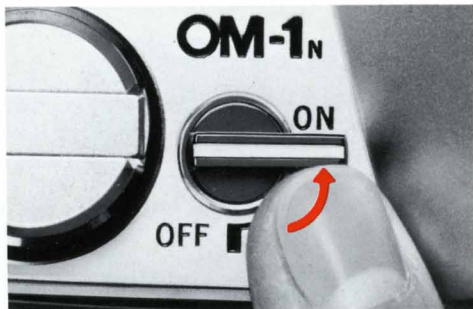


Set the shutter speed ring only at click-stop positions as no in-between settings can be used. The aperture (F stop) on Olympus Zuiko lenses may be set at click-stop positions or in-between.

A rough guide for setting the aperture and shutter speed rings (with ASA 100 film)

Weather			
F stop	16	8	4
Shutter speed	1/250		

SWITCH THE EXPOSURE METER "ON". FOCUS ON THE SUBJECT.



Move the meter switch lever to the "ON" position.

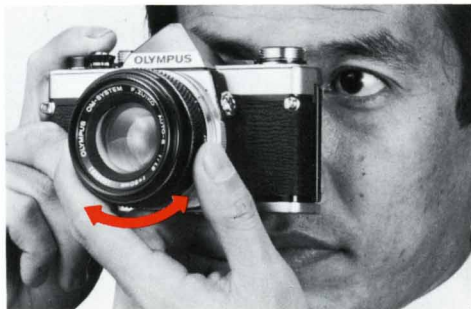
YES ○



NO X



NO X

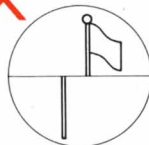


Looking through the viewfinder, rotate the focusing ring in either direction until the split images of the subject in the central spot are aligned.

YES ○



NO X

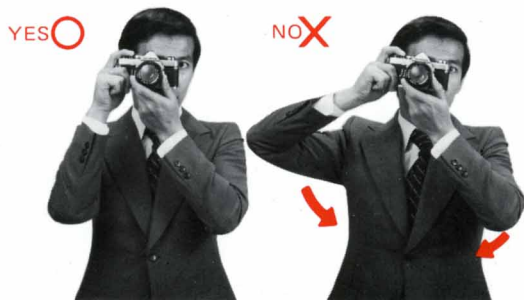


Line up the needle to the center of the index, rotating the shutter speed ring or aperture ring.

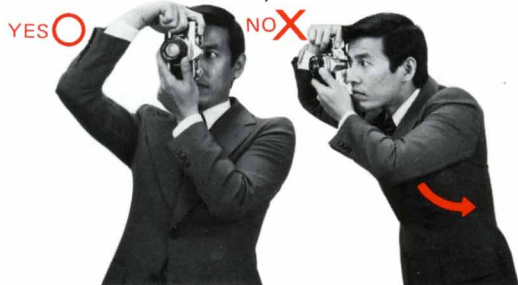
RELEASE THE SHUTTER.

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Correct focus



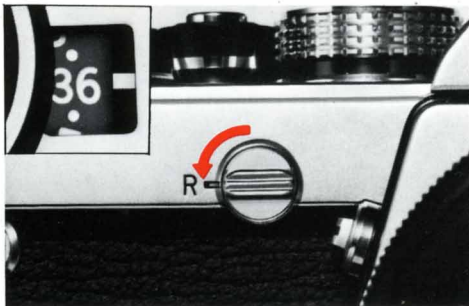
Hold the camera steady.



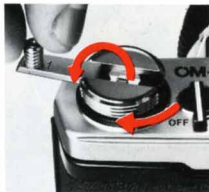
Incorrect focus (out of focus)

After exposure, set the meter switch lever to the "OFF" position.

UNLOAD THE CAMERA.



Turn the rewind release lever counter-clockwise by 90°. Fold out the rewind crank and wind it in the direction of the arrow until the crank turns freely.



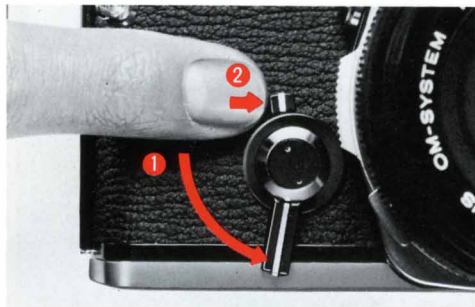
Open the camera back and remove the film cartridge.
NOTE: Be sure that the meter switch lever is in the "OFF" position.



USE OF THE SELF-TIMER

FLASH PHOTOGRAPHY WITH THE T32·T20

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- ① Turn the lever counter-clockwise by approximately 180° until it stops.
- ② Turn the start lever clockwise into the vertical position to activate the self-timer lever.



NOTE: Be sure that the film has been wound fully.



Electronic Flash T32

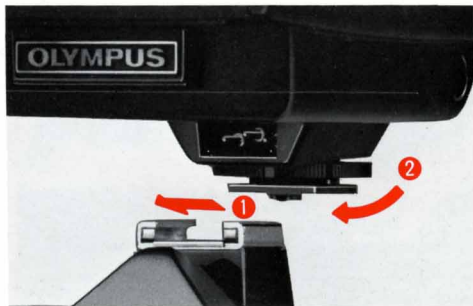


T32 calculator panel (scale side)

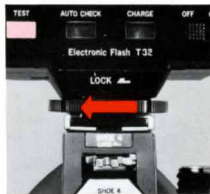


T20 calculator panel (scale side)

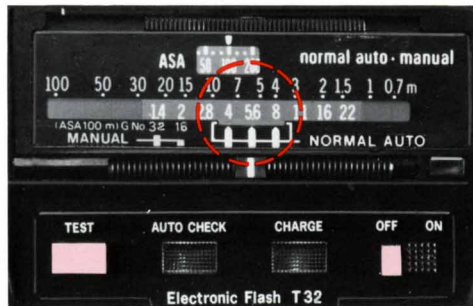
MOUNT THE T32.



Insert the T32 into the accessory shoe and lock.



SET TO THE "AUTO" MODE.



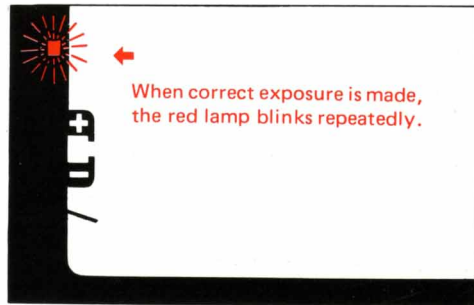
Align the desired F stop (indicated by ▲ mark) with the white line. Set this F stop on the aperture ring. Next, set the shutter speed ring to 1/60 sec. or slower.



SWITCH THE T32 "ON".

FOCUS ON THE SUBJECT AND RELEASE
THE SHUTTER.

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Turn the T32 "ON".

When a red lamp lights in the viewfinder, you are ready to fire.

Flash exposure has been accomplished.

If the red lamp does not blink...



Move in closer to the subject.



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